

SCRIPTURE JOURNALING

30 Days of Hope

Focusing on hope is essential because it aligns your heart and mind with God's promises, provides strength in trials, and fuels a sense of purpose in life.

encouragement faith hope wisdom love trust

- 1. Hope is Rooted in God's Promises** - Biblical hope is not wishful thinking; it is the confident expectation of God's faithfulness. It reminds you that God's promises are sure. When you focus on hope, you trust that God is working for your good, even when circumstances seem uncertain.
- 2. Hope Gives Strength in Difficult Times** - Hope sustains you in seasons of hardship, reminding you that trials are temporary and that God's grace is sufficient. Focusing on hope empowers you to endure and persevere.
- 3. Hope Anchors Your Soul** - Hope keeps you steady amidst life's storms, grounding you in the certainty of God's love and His eternal plan. By focusing on hope, you find stability and peace, no matter how chaotic life becomes.
- 4. Hope Fuels Joy and Peace** - When you have hope in God, it naturally produces joy and peace in your life, even during challenges. Focusing on hope lifts your spirit and keeps you centered on God's goodness.
- 5. Hope Keeps You Future-Focused** - Hope helps you look beyond your current struggles and focus on the eternal rewards that God has prepared for you. Focusing on hope reminds you that God's ultimate plan for your life is far greater than what you see today.
- 6. Hope Encourages Others** - Your hope can inspire and strengthen others around you, showing them the power of trusting in God. Focusing on hope allows you to be a light in the darkness and point others to Christ.
- 7. Hope is Part of Faith** - Faith and hope go hand in hand. When you focus on hope, you strengthen your faith in God's promises. Focusing on hope deepens your belief in God's power and goodness.
- 8. Hope Reminds You of God's Faithfulness** - Reflecting on hope helps you remember how God has come through for you in the past, giving you confidence for the future. When you focus on hope, you celebrate God's unfailing faithfulness.

thanks courage humility grace joy contentment

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1 Psalm 39:7

“And now, O Lord, for what do I wait? My hope is in you.”

2 Proverbs 13:12

“Hope deferred makes the heart sick, but a desire fulfilled is a tree of life.”

3 Psalm 33:18

“Behold, the eye of the Lord is on those who fear him, on those who hope in his steadfast love.”

4 Psalm 119:116

“Uphold me according to your promise, that I may live, and let me not be put to shame in my hope!”

5 Psalm 42:11

“Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation and my God.”

6 Acts 24:15

“Having a hope in God, which these men themselves accept, that there will be a resurrection of both the just and the unjust.”

7 Colossians 1:11 -12

“May you be strengthened with all power, according to his glorious might, for all endurance and patience with joy, giving thanks to the Father, who has qualified you to share in the inheritance of the saints in light.”

8 Psalm 119:114

“You are my hiding place and my shield; I hope in your word.”

9 Revelation 22:12

“Behold, I am coming soon, bringing my recompense with me, to repay each one for what he has done.”

10 Psalm 119:49

“Remember your word to your servant, in which you have made me hope.”

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11 Lamentations 3:24

“The Lord is my portion,’ says my soul, ‘therefore I will hope in him.”

12 Psalm 130:5

“I wait for the Lord, my soul waits, and in his word I hope.”

13 Zechariah 9:12

“Return to your stronghold, O prisoners of hope; today I declare that I will restore to you double.”

14 Psalm 130:7

“O Israel, hope in the Lord! For with the Lord there is steadfast love, and with him is plentiful redemption.”

15 Proverbs 23:18

“Surely there is a future, and your hope will not be cut off.”

16 Romans 5:5

“And hope does not put us to shame, because God’s love has been poured into our hearts through the Holy Spirit who has been given to us.”

17 Genesis 15:6

“And he believed the Lord, and he counted it to him as righteousness.”

18 1 Peter 3:15

“Always be prepared to make a defense to anyone who asks you for a reason for the hope that is in you.”

19 1 Peter 1:21

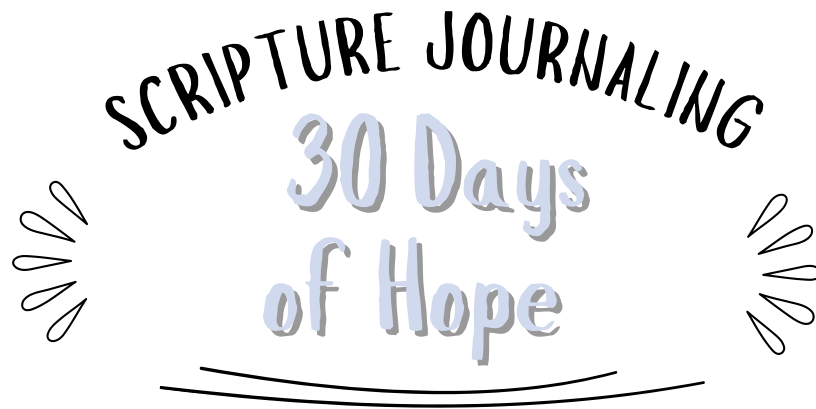
“Who through him are believers in God, who raised him from the dead and gave him glory, so that your faith and hope are in God.”

20 Romans 12:12

“Rejoice in hope, be patient in tribulation, be constant in prayer.”

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21 Hebrews 10:23

“Let us hold fast the confession of our hope without wavering, for he who promised is faithful.”

22 1 Corinthians 13:13

“So now faith, hope, and love abide, these three; but the greatest of these is love.”

23 1 Peter 1:3

“Blessed be the God and Father of our Lord Jesus Christ! According to his great mercy, he has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead.”

24 Romans 8:24-25

“For in this hope we were saved. Now hope that is seen is not hope. For who hopes for what he sees? But if we hope for what we do not see, we wait for it with patience.”

25 Lamentations 3:21-23

“But this I call to mind, and therefore I have hope: The steadfast love of the Lord never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness.”

26 Revelation 21:4

“He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore.”

27 Colossians 1:27

“To them God chose to make known how great among the Gentiles are the riches of the glory of this mystery, which is Christ in you, the hope of glory.”

28 Ephesians 1:18

“Having the eyes of your hearts enlightened, that you may know what is the hope to which he has called you, what are the riches of his glorious inheritance in the saints.”

29 Hebrews 6:19

“We have this hope as an anchor for the soul, firm and secure.”

30 2 Corinthians 4:16-18

“So we do not lose heart. Though our outer self is wasting away, our inner self is being renewed day by day.”